GENERAL

army pma long course 132 test paper

Published: September 19, 2026 | Index ID: #-

Army PMA Long Course 132 Test Paper: A Complete Guide

For anyone aspiring to join the Indian Army, the **Army PMA Long Course 132** is a pivotal stepping stone. Whether you're a fresh recruit or a seasoned soldier looking to upgrade your qualifications, understanding the test paper, its structure, and how to prepare can make the difference between success and disappointment. This comprehensive guide covers everything you need to know about the **Army PMA long course 132 test paper**, from eligibility and course structure to detailed study strategies and frequently asked questions.

What Is the Army PMA Long Course?

Overview of PMA

PMA stands for **Physical Management Assessment**– a specialized training program designed to enhance the physical, mental, and tactical capabilities of army personnel. The long course is a rigorous, multi disciplinary curriculum that tests a soldier's endurance, leadership potential, and problem solving skills.

Course Structure

The PMA long course is divided into three main modules:

- Physical Training (PT) – endurance runs, obstacle courses, and strength drills.
- Leadership & Tactical Skills – small unit tactics, communication, and decision making.
- Written Examination – the 132 test paper, covering general knowledge, mathematics, and logical reasoning.

Duration and Schedule

Typically, the long course runs for 12 weeks, with training sessions held six days a week. The final week is reserved for the **Army PMA long course 132 test paper**, which is administered in a controlled, exam style environment.

Eligibility Criteria

To enroll in the PMA long course, candidates must meet the following requirements:

1. Be an Indian Army soldier with at least one year of service.
2. Hold a minimum rank of Havildar or equivalent.
3. Maintain a clean disciplinary record.
4. Pass the preliminary fitness assessment.
5. Have no medical disqualifications.

Exam Format and Sections

PMA Long Course 132 Test Paper Overview

The **Army PMA long course 132 test paper**is a comprehensive written exam designed to evaluate a soldier's analytical and intellectual prowess. The paper is divided into three sections:

- Section A – General Knowledge (GK) (30 minutes, 30 questions)
- Section B – Mathematics (30 minutes, 20 questions)
- Section C – Logical Reasoning & Verbal Ability (30 minutes, 20 questions)

Each section is timed, and the total duration of the exam is 90 minutes. The paper carries a total of 70 marks, with each question worth 1 mark. There is no negative marking, but unanswered questions do not earn any marks.

Paper Structure

Below is a detailed breakdown of the question types you can expect:

- General Knowledge – current affairs, army history, geography, and science.
- Mathematics – arithmetic, algebra, geometry, and basic statistics.
- Logical Reasoning – patterns, sequences, analogies, and spatial reasoning.
- Verbal Ability – reading comprehension, vocabulary, and grammar.

Sample Questions

To give you a taste of the exam, here are a few sample questions from each section:

1. General Knowledge: “Which Indian Army regiment is known as the ‘Queen’s Own’?”
2. Mathematics: “If a soldier runs 5 km in 30 minutes, what is his average speed in km/h?”
3. Logical Reasoning: “Complete the sequence: 2, 4, 8, 16, ___.”
4. Verbal Ability: “Choose the word that best completes the sentence: ‘The soldier’s ___ was evident in his meticulous preparation.’”

Study Tips & Preparation Strategies

Recommended Study Materials

Effective preparation starts with the right resources. Consider the following:

- Army PMA Handbook – the official guide provides exam patterns, sample papers, and recommended reading lists.
- Current Affairs Magazines – publications like “India Today” and “The Hindu” for the latest news.
- Mathematics Textbooks – standard high school books covering arithmetic, algebra, and geometry.
- Logical Reasoning Workbooks – books such as “A Modern Approach to Verbal & Non Verbal Reasoning” by R.S. Aggarwal.

Online Resources & Practice Tests

Leverage digital platforms for interactive learning:

- Army PMA Online Portal – offers downloadable past test papers and mock exams.
- Quiz websites like PrepLadder and ExamRace provide timed practice sessions.
- YouTube channels dedicated to army exams, featuring strategy videos and solved examples.

Time Management Techniques

Since the exam is timed, mastering time allocation is crucial. Use the following tactics:

1. Section wise timing: Allocate 30 minutes per section, as per the exam structure.
2. Skimming: Quickly read through the questions, marking those that are easier to answer first.
3. Answering strategy: Don’t get stuck on a single question; move on and return later if time permits.

Common Mistakes to Avoid

Even seasoned candidates can fall into these pitfalls:

- Over reliance on a single study material.
- Neglecting current affairs, which heavily feature in the GK section.
- Underestimating the importance of logical reasoning – often the most challenging part.

- Failing to practice under timed conditions, leading to panic during the actual exam.

Frequently Asked Questions (FAQ)

1. How many times can I appear for the Army PMA long course 132 test paper?

Candidates are allowed up to three attempts within a two year period. However, each attempt must be spaced at least one month apart.

2. Is there a minimum passing score?

Yes. The minimum qualifying score is 50% of the total marks, i.e., 35 out of 70. However, higher scores increase your chances of selection for advanced roles.

3. Can I use a calculator during the exam?

Calculators are not permitted. All mathematical calculations must be performed manually.

4. What happens if I fail to complete the exam?

Incomplete papers are treated as failures. It is advisable to submit your best possible attempt within the allotted time.

5. Are there any special accommodations for soldiers with disabilities?

Yes. The Army provides accommodations such as extended time, larger print, or a separate testing environment, subject to prior approval and documentation.

Conclusion

Mastering the **Army PMA long course 132 test paper** requires a blend of disciplined study, strategic time management, and a deep understanding of the exam's structure. By following the guidelines outlined above—leveraging official materials, practicing under timed conditions, and staying current with army affairs—you'll position yourself for success. Remember, the journey to becoming a top tier Army officer is rigorous, but with focused preparation, the **Army PMA long course 132 test paper**becomes a stepping stone rather than a hurdle. Good luck, and march forward with confidence!

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